

## NationalJournal

ADMINISTRATOR OF THE CENTERS FOR MEDICARE & MEDICAID SERVICES

## Life in Brief

Born: September 27, 1970

Hometown: Portsmouth, VA

Current Residence: Carmel, IN

### Education:

- M.P.H, Johns Hopkins School of Public Health, 1996
- B.S., Life Sciences, University of Maryland, 1993

### Family:

• Husband (Sanjay, child psychiatrist); two children

### Work History:

- Administrator, Center for Medicare and Medicaid Services, March 2017- present
- Founder and CEO, SVC Inc., 2001
- VP of Planning, Health and Hospital Corporation of Marion County (IN)
- Director, Association of State and Territorial Health Officials

## **Confirmation Vote**

- Confirmed 54-44
- Supported by all present Republicans, Angus King (I-ME) and three Democrats
  - Joe Manchin (D-WV)
  - Heidi Heitkamp (D-ND)
  - Joe Donnelly (D-IN)

## **Quick Summary**

Former Medicaid consultant brings strong private sector and state-oriented instincts to CMS; leverages relationship with VP Mike Pence, who brought her into the Administration from Indiana

- Entered CMS position with Medicaid-heavy background
- First generation American grew up in a variety of locations; believes this experience made her an adaptable survivor
- Former consultant advised state governments on Medicaid, often focused on designing expansion waivers
- Verma's Healthy Indiana Plan (HIP) 2.0, which she developed for Pence, under includes copays and premiums for Medicaid recipients
- Criticized by Democrats for Medicaid work requirement proposals and preferred Affordable Care Act (ACA) modifications
- Subject of multiple controversies related to CMS expenditures and her working relationship with Health and Human Services (HHS) Secretary Alex Azar

## **Approach and Motivations**

### Verma carefully stays in Trump's good graces while she encourages states to adopt consumer responsibility-oriented Medicaid reform

- Criticism of ACA and Medicare for All has earned Verma positive attention from Trump
- White House alliances (e.g. Pence) have helped Verma survive bouts of negative press scrutiny and poor relationship with Azar
- Considers ACA's expansion of Medicaid to adults above the poverty line a threat to the program's fiscal viability
- Wants to give states leeway to introduce costsharing and incentives, which Verma believes will drive down overall Medicaid expenditures as beneficiaries take charge of their own health care

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### **Policy Positions and Areas of Focus**

Reducing government footprint in health care, including Medicaid and the ACA; Verma's CMS has issued rule changes regarding price and record transparency for patients to drive down costs

#### Medicaid: *Reducing government spending, increasing state flexibility*

- Architect of HIP 2.0; designed to encourage individual responsibility through cost-sharing incentives and penalties (e.g. removing beneficiaries from their plan for failing to contribute to their health savings account within 60 days)
- Changed waiver criteria to allow states to institute work requirements for Medicaid; plans have had mixed success in federal court

#### Affordable Care Act: Major critic

- Supports repeal and replacement of the ACA; claims that CMS is ready for multiple scenarios if the law's status changes in court
- Blames the ACA for increasing premiums and making health care "unaffordable"
- Sharply reduced funding for Navigator programs, which spread awareness of and help consumers register for ACA marketplace

#### Transparency in Health Care: *Enforcing transparency to lower costs for consumers*

- Believes consumer price knowledge and medical record access will lead to a cheaper and more competitive system
- Criticizes lack of price transparency for patients; released rule requiring hospitals to disclose prices over industry objections
- Interoperability and Patient Access final rule requires CMS-regulated payers to make patient records electronically accessible by January 2021; Verma envisions a system similar to mobile banking, where patients can access records on smartphones

### **Core Communities**

Longtime Mike Pence ally has strong Indiana and state government connections; frequent industry event speaker

# Indiana Governors: *Private consultant to IN leaders remains close Pence ally*

- Considered to be close ally of Mike Pence in the Administration; Verma reportedly has a direct line to the Vice President
- Created first Healthy Indiana Plan under Gov. Mitch Daniels (R); donated \$2000 to Daniel's reelection campaign in 2008
- Had her own office at the state government center under Gov. Mike Pence; crafted HIP 2.0 to manage state Medicaid expansion
- Pence gave Verma the Sagamore of the Wabash award in 2016; top state honor

### State Medicaid Agencies: *Ran implementation of Republican-sought reforms and friendly with top advocacy group*

- While at SVC, Inc., her client list included contracts and subcontracts for states including IA, KY, OH, AR, SC, and TN
- Cited her familiarity with "day to day implementation" of health policy in states as a qualification for CMS job
- Praised for Medicaid expertise in 2017 speech by National Association of Medicaid Directors Matt Salo
- Spoke at 2019 National Association of Medicare Directors Fall Conference

# Health Care Industry: *Frequent speaker at industry events*

- Addresses variety of industry groups (e.g. Federation of American Hospitals, FAH)
- Uses speeches to highlight personal connections to different groups, including experience working in hospitals (FAH) and doctors in her family (American Medical Assn.)

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### **Relevant Financial Information**

## Affluent former consultant donates to IN Republicans

#### **Political Donations**

 Verma has exclusively donated to Indiana Republicans since 2008; largest contribution (\$2000) went to then-Gov. Mitch Daniels in 2008

#### Personal

- SVC Inc. earned over \$6 million from state contracts between 2011 and 2016
- 2016 financial disclosure lists \$2.1 million in "business income" from SVC, Inc. and a \$480,000 salary for Verma
- Verma sold SVC, Inc. to Michigan-based Health Management Associates in 2017; price of sale not disclosed

### **Publications, Media, and Speaking**

Head of huge agency maintains high visibility for non-cabinet member; op-eds and TV appearances aim to counter narrative that Trump Administration is reducing health care coverage or benefits

## Publications: Writes op-eds on hot-button health care issues appearing in national newspaper

- Favorite Outlets: National papers (e.g. Washington Post)
- Favorite Subjects: Medicaid, Medicare, criticizing Democratic health care proposals (e.g. public option)

# Media: Promotes and defends Trump health care agenda in TV interviews

- Preferred Outlets: National broadcast (e.g. PBS) and cable outlets (e.g. CNBC, Fox News)
- Favorite Subjects: Failure of the ACA, Medicare and Medicaid reform
- Social Media Habits: Twitter account announces CMS actions and Verma's TV appearances

## Speaking: Discusses agenda in front of health industry and media audiences

- Favorite Subjects: Medicaid reform, health care transparency
- Preferred Audience: Health care industry groups (e.g. National Association of Medicaid Directors), media events (e.g. Atlantic Live)

## Congressional Testimony: *Testifies on health care policy*

• EX: Testified before House Energy and Committee Subcommittee on Oversight and Investigations, October 2019

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### **Family and Personal Background**

#### Daughter of Indian immigrants shaped by upbringing, professional experience, and call to public service

- First generation American grew up in a variety of locations, including the Washington, D.C. suburbs and Taiwan; believes transient upbringing made her adaptable and a "survivor"
- Developed different political ideology from Democrat-supporting parents and has acknowledged occasional family tension over politics
- Political convictions come from experience; cites formative experience working with government in a public hospital early in her career
- Chose public health field over practicing medicine for the opportunity to make a greater difference
- Claimed to have been an early supporter of President Trump; called him "someone I can relate to" because he opted for public service when it was not personally necessary
- Cites gratitude to the United States as primary motivator to enter public service; believes CMS role is her best opportunity to contribute

#### Awards

 2016 Sagamore of the Wabash award recipient; personal tribute is the "highest honor, which the Governor of Indiana bestows"

## **Criticisms and Controversies**

Tenure in D.C. marked by feuds and controversy; simultaneous work for Hewlett Packard and state government in IN raised ethical concerns

#### **Tension with HHS Leadership**

- Relationship with former Secretary Tom Price characterized by acrimony and competitiveness
- Late 2019 press reports described animosity between Verma and Secretary Azar stemming from personal and policy disagreements
- Azar disapproved of Verma's plan to replace the ACA, and Verma helped turn Trump against Azar's plan to end drug rebates for pharmacy benefit managers

#### Jewelry reimbursement request

- Requested a \$47,000 reimbursement from HHS after her items were stolen on a work trip; request included \$43,065 for jewelry
- Received \$2,852 for other items: HHS does not allow reimbursements for jewelry
- Some Congressional Democrats asked for her resignation

#### Use of outside consultants at CMS

- Hired outside consultants for communications roles, who were paid a total of \$3 million
- Arranged for Verma to interview with highprofile news outlets and wrote her speeches
- Fed accusations that Verma used public money to burnish her own image

#### **Hewlett-Packard work**

- HP paid SVC, Inc. \$1.2 million for "health consulting services" while Verma worked for IN
- HP had contracts under Verma's purview in her role as a state contractor; won over \$500 million in contracts during this period, including on Verma-crafted HIP
- Then-IN House Health Committee Chair Ed Clere stated that there "appears to be the potential for conflict;" IN law does not forbid conflicts of interest among state contractors

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### **COVID-19 Response**

Regulator with authority over hospitals takes front and center role in Trump Administration response

#### **Relevant Positions**

• White House Coronavirus Task Force

#### Actions: Addressing the nation with the Task Force and leading CMS response

- Appears for press briefings with White House Coronavirus Task Force members
- Defends the Administration's response on TV
- CMS has released numerous rule changes and waivers intended to fight the virus spread
  - Allow hospitals to test and treat patients in a variety of locations outside of the hospital itself
  - Waive Medicare rules to allow hospitals to hire outside medical professionals from the community and other states
  - Expand Medicare coverage to all respiratory devices and equipment
  - Encourage telehealth for Medicare patients; doctors allowed to provide many in-person services virtually
- Twitter account shares updates of CMS actions

# Statements: Defending the Administration and announcing new policies

- In March 12, 2020 Fox News appearance, Verma declined to answer specific questions about the availability of COVID-19 tests and essential equipment, instead elaborating on other CMS initiatives (e.g. telemedicine)
- Promoted telemedicine as a COVID-19 mitigation strategy in March 18, 2020 CNBC appearance
- During March 30, 2020 WH Task Force briefing, Verma called for lifting "the assumptions of peacetime" before describing latest CMS regulatory changes